

FAMILY PHYSICIAN

An Official Publication of the Tennessee Academy of Family Physicians



Jim King M.D., Congresswoman Marsha Blackburn and Brock Rutan, Tennessee's 2007 Tar Wars State Poster Contest Winner, celebrate Brock's placing 2nd in the National Tar Wars Poster Contest in July in Washington D.C.

See page 9 for coverage of the National Contest and page 11 on how you can teach Tar Wars in your local school(s) during the upcoming 2007-2008 school year.



Plan to attend the Tennessee AFP's 59th Annual Scientific Assembly October 30-November 2 at the Gatlinburg Convention Center and don't forget your Halloween Costume.

See page 3 for program details.



Jim King M.D., with his wife Sandra, to be installed as 2008 AAFP President on October 3, 2007.

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With all they gave me, it's the least I can give them.

It's a turning point we all face: that moment of realization that the people who brought you into this world, fed you, clothed you, and wiped your tears, suddenly need caring for themselves. It can be unsettling. While the turf may be new for you, rest assured it isn't for us. At Vanderbilt, we unite services like stroke, heart, diabetes, and geriatrics into a single, family-centered approach to care. And after everything your parents have meant to you, the decision to bring them here will show how much you care in return. PEOPLE WHO ASK, KNOW

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PLEASE SEND ADDRESS CHANGES TO:
Tennessee Academy of Family Physicians
500 Wilson Pike Circle, Suite 212
Brentwood, Tennessee 37027

President's Corner

"How Does One Describe A Family Physician In 2007"

Over the past two years, the American Board of Family Practice (ABFP) has changed its name to the American Board of Family Medicine (ABFM). We no longer are engaged in family practice, but in family medicine. But is this a too restrictive term in a profession that has far reaching implications?

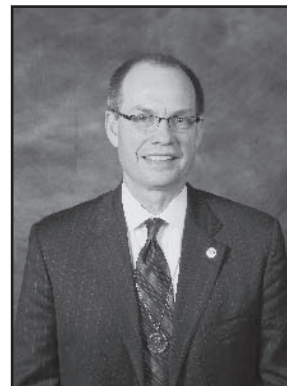
In my own experience and observation, physicians trained in family medicine spread a web throughout the health system. Many have shown expertise in special areas including sports medicine, emergency medicine, geriatric and long-term care, and public health. Opportunities for fellowship training in Tennessee include Geriatrics, Obstetrics, Rural Medicine, Sports, Emergency, Behavioral, and Homeland Security. Across the country, family medicine residents can also receive additional training in preventative medicine, research, faculty development, palliative medicine, hospital medicine, developmental and disability, women's health, leadership, and health policy.

As a consequence of this formal training and individual initiatives, family physicians have become valuable resources to varied entities. In our own state, they serve in roles of full time emergency physicians, public health directors, state epidemiologists, medical directors of hospitals and long-term care facilities, medical directors of insurance companies, community leaders, leaders in the TMA, and representatives in the state legislature.

After almost 40 years as a medical specialty, do family physicians need to evolve their name? Are we still family physicians or are we as some suggest, generalists? With the varied expertise noted, I might even propose the designation of health care comprehensivist.

But family physicians are defined appropriately because of the underlying principles and precepts of the specialty. As defined by the American Academy of Family Physicians, each family physician is defined as "a physician who is education and trained in family practice – a broadly encompassing medical specialty. Family physicians possess unique attitudes, skills, and knowledge which qualify them to provide continuing and comprehensive medical care, health maintenance, and preventive services to each member of the family regardless of sex, age, or type of problem, be it biological, behavioral, or social. These specialists, because of their background and interactions with the family, are best qualified to serve as each patient's advocate in all health-related matters, including the appropriate use of consultants, health services, and community resources."

An excellent discussion of the definition and domain of Family Practice was presented in a 2001 article by William Phillips, M.D. & Deborah Hayes, M.D., from "The Keystone Papers: Formal Discussion Papers from Keystone



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III' held in 2000 in Colorado. By their training, "Family physicians acquire and maintain a broad array of competencies that depend on the needs of the patients and communities they serve.

Family physicians do not treat diseases; they take care of people. Their knowledge, skills, attitudes target community practice, current science and continuous quality improvement."

"The domain of family practice finds its center in the relationship to the person and the family. The domain extends its range through commitment to the community and its needs and earns its allegiances through devotion to the profession and its purpose. The domain of family practice is also defined by its frontiers. As an evolving, evidence-based discipline, responsive to the needs of patients and communities, family practice faces future challenges and choices.

The domain of family practice can be viewed best from the high ground of relationship, generalist, and professionalism. It can be traveled best by following the byways of patient care and community service. It can be explored best by advancing the frontiers of science, systems, and advocacy."

In the final summation, the family physician is truly the comprehensive physician of the 21st century. However we individually define our own domain, our training, understanding and recognition of the patient and family as the focus of care establishes the approach necessary to deliver the most effective health care.

**Charles A. Ball, M.D., Columbia
President**

SLATE OF NOMINEES FOR 2008 OFFICERS & BOARD OF DIRECTORS

President-Elect: John Standridge, M.D., Harrison

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Speaker Of The Congress: . . . B. Alan Wallstedt, M.D., Brentwood

Vice Speaker Of The Congress: Lang Smith, M.D., Columbia

Delegate To A.A.F.P.: Reid Blackwelder, M.D., Kingsport

Alternate Delegate To A.A.F.P.: Timothy Linder, M.D., Selmer

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Alternate Director: Kirk Nienaber, M.D., Henry

District 11 (Residents): . . Kristin Freeman, M.D. (ETSU Kingsport)

. Jason Bryant Goolsby, D.O. (UT Jackson)

The Resident receiving the highest number of votes will serve as elected Director; the resident receiving the second highest number of votes will serve as elected Alternate Director:

Students - Board Representative:

Mary R. McCormick, Johnson City (ETSU)

Alternate Board Representative:

Gavin B. Pinkston, Memphis (UT)

TENNESSEE ACADEMY OF FAMILY PHYSICIANS 59th ANNUAL SCIENTIFIC ASSEMBLY

Convention Center, Gatlinburg, Tennessee, October 30-November 2, 2007

**‘A Presidential Celebration’
Honoring Jim King, M.D., 2007 AAFP President-elect**

If you have not received your program/registration brochure please contact the TN AFP office (or go to the TN AFP website at www.tnafp.org).

TUESDAY, OCTOBER 30:

- 10:00 a.m. – 12:00 noon **“RESOLVING ADVERSE OUTCOMES WITH PATIENTS AND FAMILIES”**
(Risk Management Seminar by State Volunteer Mutual Insurance Company) Physicians insured by SVMIC who attend this seminar will qualify for a 10% premium credit. SVMIC fees: \$50 per physician policy holder; \$25 per extender employee. *Note: Registration for SVMIC seminar does not allow access to the TAFP annual scientific assembly sessions, exhibits or functions.
- 1:00 p.m. – 3:00 p.m. **“RESOLVING ADVERSE OUTCOMES WITH PATIENTS AND FAMILIES”**
(Risk Management Seminar by State Volunteer Mutual Insurance Company)
- 3:15 p.m. – 6:00 p.m. TAFP CONGRESS OF DELEGATES’ MEETING – *B. Alan Wallstedt, M.D. Speaker-Presiding*

WEDNESDAY, OCTOBER 31:

- 7:30 a.m. – 8:00 a.m. Light Continental Breakfast for Paid Registered Attendees
- 7:50 a.m. – 8:00 a.m. ‘WELCOME & ANNOUNCEMENTS’ – Charles A. Ball, M.D., 2007 TNAFP President
- 8:00 a.m. – 8:30 a.m. “GREETINGS & UPDATE FROM THE AAFP” – James D. King, M.D., 2007 AAFP President-Elect
- 8:30 a.m. – 9:30 a.m. **“DOMESTIC VIOLENCE”** – Craig Lenz, D.O.
- 9:30 a.m. – 9:45 a.m. *#1 Research Paper Presentation* (From TN AFP Student/Resident Research Paper Competition)
- 9:45 a.m. – 10:30 a.m. FOOD/BEVERAGE BREAK – VISIT EXHIBITS
- 10:30 a.m. – 11:15 a.m. **“MOVING BEYOND THE SKELETON”** – Michael Zemel, Ph.D.
- 11:15 a.m. – 12:00 noon **“MEDICARE CODING”** – Patty Drewry, R.N., CPC
- 12:00 noon. – 12:45 p.m. LUNCH – VISIT EXHIBITS
- 12:45 p.m. – 1:30 p.m. **“ASK & ACT: ADVANCES IN TOBACCO CESSATION TREATMENT AND PAYMENT”**
– Saria Carter Saccocio, M.D.
- 1:30 p.m. – 2:30 p.m. **“NORMAL PRESSURE HYDROCEPHALUS”** – Gerald Ryan, M.D.
- 2:45 p.m. – 4:30 p.m. **Halloween Party & Trick-or-Treating** – TAFP Exhibit Hall
- All attendees including exhibitors, paid registered attendees and all family members are strongly encouraged to dress in their favorite costume all day on Wednesday. Trick-or-treating in the exhibit booths will begin at 2:45 p.m. Snacks will be served. Please participate and make this a fun time for everyone and especially a fun time for all the children.
- 5:00 p.m. – 6:30 p.m. ANNUAL PRESIDENT’S BANQUET (Charge of \$30.00 each) – *Halloween Costumes Encouraged!*

THURSDAY, NOVEMBER 1:

- 7:30 a.m. – 8:00 a.m. Light Continental Breakfast For Paid Registered Attendees
- 7:30 a.m. – 8:30 a.m. ANNUAL PAST PRESIDENTS’ BREAKFAST - *Limited to only TAFP Past Presidents and their spouse/significant other along with special invited guests.*
- 8:00 a.m. - 8:45 a.m. **“UPDATE IN TREATMENT OF DIABETES MELLITUS”** – Cheryl Fassler, M.D.

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8:45 a.m. - 9:30 a.m.	"TYPE 2 PEDIATRIC DIABETES" – George Burghen, M.D.
9:30 a.m. – 9:45 a.m.	#2 Research Paper Presentation (From TN AFP Student/Resident Research Paper Competition)
9:45 a.m. – 10:30 a.m.	FOOD/BEVERAGE BREAK – VISIT EXHIBITS
10:30 a.m. - 11:15 a.m.	"UPDATE IN IMMUNIZATIONS" – Gregg Mitchell, M.D.
11:15 a.m. – 12:00 noon	"WHAT IS A HIGH RISK PREGNANCY?" – Nancy Chescheir, M.D.
12:00 noon – 1:00 p.m.	LUNCH – VISIT EXHIBITS
1:00 p.m. – 1:45 p.m.	"SEXUALLY TRANSMITTED DISEASES" – Karl Miller, M.D.
1:45 p.m. – 2:30 p.m.	SAM's Module: "PAIN MANAGEMENT" – Gregg Mitchell, M.D.
2:30 p.m. – 2:45 p.m.	#3 Research Paper Presentation (From TN AFP Student/Resident Research Paper Competition)
2:45 p.m. – 3:30 p.m.	FOOD/BEVERAGE BREAK – VISIT EXHIBITS
3:30 p.m. – 4:15 p.m.	"COPD" – Aaron Milstone, M.D.
4:15 p.m. – 5:00 p.m.	"MANAGEMENT OF OSTEOPOROSIS" – Joane Baumer, M.D.
5:15 p.m. – 7:00 p.m.	BOARD OF DIRECTORS' MEETING

FRIDAY, NOVEMBER 2:

7:30 a.m. – 8:00 a.m.	Light Continental Breakfast For Paid Registered Attendees
8:00 a.m. - 8:45 a.m.	"MANAGEMENT OF CORONARY ARTERY DISEASE" – Howard Walpole, M.D., MBA
8:45 a.m. - 9:30 a.m.	"HEALTHCARE OF THE ELDERLY" – Karl Miller, M.D.
9:30 a.m. – 10:15 a.m.	"DISRUPTIVE PHYSICIANS" – Gerald Hickson, M.D.
10:15 a.m. – 11:00 a.m.	FOOD/BEVERAGE BREAK – VISIT EXHIBITS
11:00 a.m. – 11:45 a.m.	"PAPER OR PLASTIC? PEARLS AND PITFALLS OF THE MOVE TO ELECTRONIC HEALTH RECORDS" – Donald H. Polk, D.O. & D. Gabriel Polk, D.O.
11:45 a.m. – 12:30 p.m.	"INITIATING RAPID ACTING INSULIN & DIFFERENT TREATMENT METHODS FOR DIABETES" – Rabih Hijazi, M.D.
12:30 p.m. – 12:45 p.m.	Final Adjournment of 2007 Tennessee AFP Annual Scientific Assembly

This Activity has been reviewed and is acceptable for up to 19.50*** Prescribed credits by the American Academy of Family Physicians. 5.25 of these credits conform to the AAFP criteria for evidence-based (EB) clinical content. (The amount of EB CME has been doubled to reflect 2 for 1 credit only for the EB CME portion.)

***("Normal Pressure Hydrocephalus" by Gerald Ryan, M.D. on Wednesday from 1:30 p.m. to 2:30 p.m. is part of the AAFP's ACF Series and as such received AAFP CME 1.5 Prescribed (.75 EBM) credit outside the TAFP's CME approval totals listed above.) Total CME approval for the Tennessee AFP Annual Assembly including Doctor Ryan's Presentation is 21 Prescribed credits.

LEADERS ON THE MOVE & INFORMATION FOR MEMBERS

- **Congratulations to ETSU James H. Quillen College of Medicine's Family Medicine** Student Interest Group on receiving the AAFP's "2007 Family Medicine Interest Group Program of Excellence Award". They are recognized for their efforts to simulate student interest in family medicine and family medicine programming.
- **Congratulations to Brock Rutan of Lafayette, Tennessee**, who placed 2nd in the National Tar Wars Poster Contest in July in Washington D.C. Brock was 1st place winner in the 2007 Tennessee Tar Wars Poster Contest and won a paid trip to the National Poster Contest.
- **Health Information Tennessee** provides online access to official State of Tennessee data for births, deaths, population, nursing home and hospital facilities, and features Data Query which can provide users with customized tables, charts and trends from the Tennessee Department of Health data based on user-specified selection of variables. Access the site at: <http://hit.state.tn.us>
- **Reminders:** The TAFP website is located at: www.tnafp.org. The TAFP website offers links for your convenience in contacting many useful websites such as: Tennessee Department of Health, Governor's TennCare Website, AAFP, CDC, Tennessee General Assembly and many others. The TAFP email address is: tnafp@bellsouth.net.

MEMBERS OF THE 2007 TAFP CONGRESS OF DELEGATES

Speaker: B. Alan Wallstedt, M.D. Brentwood

Vice Speaker: open position

DELEGATES:

Beth Anne Fox, M.D., Kingsport
James D. Holt, M.D., Johnson City
L. Alan Colyar, M.D., Johnson City

Charles Leonard, M.D., Talbott
F. Matt Mihelic, M.D., Knoxville
Sherry L. Robbins, M.D., Knoxville

Mary Huff, M.D., Sweetwater
Allen Sherwood, M.D., Ooltewah
John Standridge, M.D., Harrison

John Clough, M.D., Livingston
Chet Gentry, M.D., Cookeville
Tersa Lively, D.O., Crossville

Stephanie Gafford, M.D., Fayetteville
Diane Petrilla, M.D., Sewanee
Stephen S. Sommerschild, M.D., Cowan

T. Michael Helton, M.D., Smyrna
B. Alan Wallstedt, M.D., Brentwood
Roger Zoorob, M.D., Nashville

Shawn Gentry, M.D., Columbia
Joey Hensley, M.D., Hohenwald
D. Gabriel Polk, D.O., Waynesboro

Gregg Mitchell, M.D., Jackson
Michael Revelle, M.D., Jackson
Kevin J. Wheatley, M.D., Huntingdon

Douglas Scott Summers, M.D., Paris
Susan S. Lowry, M.D., Martin
James E. Naifeh, M.D., Dyersburg

R. Damion Hardison, M.D., Cordova
Perry Rothrock, M.D., Memphis
David Weber, M.D., Memphis

Brandon Eppihimer, M.D., Chattanooga
Jason Bryan Goolsby, D.O., Jackson
Kimberly Lacy, D.O., Mt. Carmel

ALTERNATE DELEGATES:

District 1 (John Sevier Chapter)

Bruce Boggs, M.D., Jonesborough
Amylyn Lane Crawford, M.D., Kingsport
Robert Diez d'Aux, M.D., Greeneville

District 2 (Tennessee Valley Chapter)

R. Wesley Dean, M.D., Powell

District 3 (Choo Choo Chapter)

J. Mack Worthington, M.D., Chattanooga
Donald Zeigler, M.D., Hixson

District 4 (Tom Moore Chapter)

Kenneth Beaty, M.D., Livingston
Steven Flatt, M.D., Cookeville
Thomas Jenkins, M.D., Cookeville

District 5 (Nathan Bedford Forrest Chapter)

Christopher Gafford, M.D., Fayetteville
T. Scott Holder, M.D., Winchester
Thomas A. Smith, M.D., Winchester

District 6 (Andrew Jackson Chapter)

Christopher Holloway, M.D., Nashville
G. Lanny Holmes, M.D., Nashville
Rodger Wallace, M.D., Nashville

District 7 (Nathan Bedford Forrest Chapter)

Joe Hall, M.D., Waynesboro
James R. Hayes, II, M.D., Spring Hill
J. Cummins Couch, III, M.D., Mt. Pleasant

District 8 (Forked Deer River Chapter)

Walter Fletcher, M.D., Lexington
Kim Howerton, M.D., Jackson
J. Lou Manning, M.D., Jackson

District 9

Doreen Feldhouse, M.D., Dyersburg
John W. Hale, Jr., M.D., Union City
Philip W. Nanney, M.D., Paris

District 10 (Memphis Chapter)

Carla Lyn-Boswell, M.D., Cordova
Wm. MacMillan Rodney, M.D., Memphis
Jay Smith, M.D., Memphis

District 11 (Resident Chapter)

Eric D. Parks, M.D., Chattanooga
Matthew B. Presson, M.D., Jackson
Amanda Weiss, M.D., Knoxville

Proposed Amendments To The TAFP Constitution & Bylaws For Consideration By The 2007 TAFP Congress Of Delegates

BYLAWS AMENDMENT 1-2007: To amend the Bylaws of the Tennessee Academy of Family Physicians in Chapter V, Section 2, 'President', by replacing the 2nd paragraph with a new paragraph as follows:

Reads At Present

President. Section 2.

In the event of the death, resignation or incapacity of the President, the Vice President shall succeed to the office of the President. In the event of the death, resignation or incapacity of both the President and the Vice President, the Board of Directors shall elect a President to fill the unexpired term.

As Proposed

President. Section 2.

In the event of death, resignation or incapacity of the President, the President-elect shall succeed to the office of the President. If the President-elect succeeds to the office of the President three months or less from the time the President-elect would have originally become President, then that President-elect will continue to serve during his original scheduled year as President.

BYLAWS AMENDMENT 2-2007: To amend the Bylaws of the Tennessee Academy of Family Physicians in Chapter V, Section 3 'President-elect', by replacing the 2nd sentence with a new sentence as follows:

Reads At Present

President-elect. Section 3.

In the event of the death, resignation or incapacity of the President-elect, the Board of Directors shall place two names in nomination for the office of President-elect from the same grand division of the state and, at the next meeting of the Congress of Delegates following the reading of the Minutes, the first order of business shall be the election of a President-elect. Nothing herein shall be construed as preventing additional nominations for this office from the floor.

As Proposed

President-elect. Section 3.

In the event of death, resignation or incapacity of the President-elect, the Vice President shall succeed to the office of the President-elect.

BYLAWS AMENDMENT 3-2007: To amend the Bylaws of the Tennessee Academy of Family Physicians in Chapter V, Section 4 'Vice President', by adding a new sentence as follows:

Reads At Present

Vice President. Section 4.

As Proposed

Vice President. Section 4.

In the event of death, resignation or incapacity of the Vice President, the Executive Committee shall select a new Vice President from the same grand division of the state, with confirmation by the Board of Directors.

BYLAWS AMENDMENT 4-2007: To amend the Bylaws of the Tennessee Academy of Family Physicians in Chapter V, Section 5 'Speaker and Vice Speaker', by adding new sentences as follows:

Reads At Present

Speaker and Vice Speaker. Section 5.

As Proposed

Speaker and Vice Speaker, Section 5.

In the event of death, resignation or incapacity of the Speaker, the Vice Speaker shall succeed to the office of Speaker. In the event of death, resignation or incapacity of the Vice Speaker, the Executive Committee shall select a new Vice Speaker, with confirmation by the Board of Directors.

BYLAWS AMENDMENT 5-2007: To amend the Bylaws of the Tennessee Academy of Family Physicians in Chapter V, Section 6 'Secretary-Treasurer', by adding a new sentences as follows:

Reads At Present

Secretary-Treasurer. Section 6.

As Proposed

Secretary-Treasurer. Section 6.

In the event of death, resignation or incapacity of the Secretary-Treasurer, the Executive Committee shall select a new Secretary-Treasurer, with confirmation by the Board of Directors.

PRACTICE OPPORTUNITIES

If you are looking for a partner or a practice location, send information by mail to: TAFP, 500 Wilson Pike Circle, Suite 212, Brentwood, TN 37027; or by fax to: 615-370-5199; or by email: tnafp@bellsouth.net. Information for practice opportunities will be accepted only from TAFP members and will be placed in the Tennessee Family Physician at no charge. You are required to include your name, address and/or telephone number and/or fax number and/or email address as contact concerning opportunities will be made directly between interested parties and not through the TAFP. Information will be placed in four (4) editions unless the TAFP is notified otherwise. Deadline for the next issue (Winter 2008) is October 15, 2007.

- Full-time practice opportunity for a Board Certified Family Physician is available at Forest Hill Family Practice and Aesthetics in Germantown/Collierville area. The new, free-standing facility provides the latest state of the art equipment and a large patient population. Visit our website at www.fhfpaa.com for additional information about our practice. Please send cover letter and CV to: Sandy Morgan, Administrator – sandy@fhfpaa.com

- Family Practice opportunity in Martin, Tennessee. College town. Walk in to an established practice with partners. For information contact: Brian Bradberry, Business Manager, or Susan Lowry, M.D.; 117 Kennedy Drive, Martin, TN 38237; phone: 731-587-9511, ext. 202; fax: 731-587-0610; email: susanlowry@hotmail.com

- For Sale – Solo Family Practice. 25 years in one location Nashville (Donelson). Excellent location-close proximity to the Airport. Opryland and all major interstates. Brick Building; 2700 sq. ft. and ample parking. Contact Doctor Gita Mishra/Doctor R. K. Mishra – phone: 615-885-3223/591-8700;

fax: 615-885-3231/591-8715.

- The Department of Family Medicine at the University of Tennessee in Memphis is seeking full-time family physician faculty. Positions involve the full spectrum of family medicine, including obstetrics with locations in multiple settings. Academic rank and salary are commensurate with qualifications and experience. Please send cover letter and CV to: Raymond R. Walker, M.D., M.B.A., Interim Chairman, Department of Family Medicine, University of Tennessee, 711 Jefferson Avenue, Suite 137, Memphis, Tennessee 38105. UT is an EEO/AA/Title VI/Title/Section 504/ADA/ADEA institution.

- The Department of Family and Community Medicine at Meharry Medical College is currently seeking a Board Certified Family physician to serve as full-time faculty. The position includes faculty appointments at Meharry Medical College and Vanderbilt University at the level of Assistant or Associate Professor depending on experience and qualifications. Previous academic experience, practice of non-operative obstetrics, or fellowship training is desired. Nashville is an excellent community and offers many amenities. The Department has eighteen Family Medicine Residents and also administers Preventive and Occupational Medicine Programs and The Center of Nutrition. Contact: Roger Zoorob, MD, MPH, FAAFP; Meharry-Vanderbilt Professor and Chair, Department of Family Medicine; 1005 Dr. D. B. Todd, Jr. Boulevard, Nashville, Tennessee 37208; Office Phone: (615) 327-6572; Email: rzoorob@mmc.edu

- Wanted: Nurse Practitioner or Physician Assistant. To work in a dynamic Family Practice clinic. Spanish skills helpful, but not mandatory. Competitive pay, flexible hours, full-time or part-time. Please

call Dr. Laraya or Dr. Matt at 901-377-6805.

- Full-time position for primary care physician as an employee of the health department. Position could be based in either Bedford [Shelbyville], Lawrence [Lawrenceburg], or Maury [Columbia] Counties. Contact Lang Smith, M.D. at lang.smith@state.tn.us or 931-490-8338.

Vaccine Purchasing Opportunity

Physician practices have experienced increased costs of doing business. As a result, the Tennessee AFP is pleased to provide information to physicians about a vaccine purchasing program through Cumberland Pediatric Foundation which could provide considerable cost-savings to your practice. Interested physicians may participate at no cost. The program offers favorable pricing on orders submitted directly to vaccine manufacturers. There are no minimum quantity requirements, and physicians have access to a full spectrum of pediatric, adolescent and adult vaccines.

For additional information about this program, please contact Ann Manning with Cumberland Pediatric Foundation at 615-936-6053.

2007 National Tar Wars Poster Contest

Tennessee places 2nd in National Poster Contest

Brock Rutan, Tennessee's 2007 State Tar Wars Poster Contest Winner, visits with Tennessee's U.S. Representatives and Senators during the 2007 National Tar Wars Poster Contest where his poster placed 2nd.



U.S. Representative Bart Gordon



U.S. Representative John Duncan



U.S. Representative John Tanner



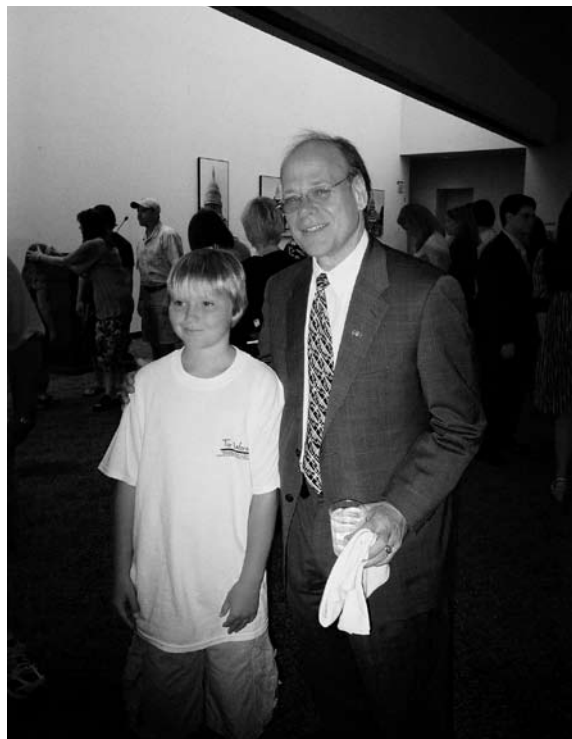
U.S. Senator Lemar Alexander



Brock Rutan with his family



U.S. Representative Marsha Blackburn & Jim King M.D.



U.S. Representative Steve Cohen

Join In And Be A Tennessee Tar Wars Volunteer

You can make a difference!

It only takes one hour of your time to teach one Tar Wars class in your local classrooms. Tar Wars is the AAFP's National pro-health tobacco-free education program and poster contest for 4th and 5th graders to discourage tobacco use among youth. The program uses a community-based approach and provides an opportunity for health care professionals, school personnel and community members to work

toward a common goal of discouraging youth tobacco usage.

Your help in teaching Tar Wars in your local classrooms would be appreciated! If you are interested in being a Tennessee Tar Wars Volunteer, please contact Cathy Dyer, Tennessee Tar Wars Coordinator, at the TAFP office: Toll Free at 1-800-897-5949; Nashville/Brentwood calling area at 615-370-5144; Email at [tnafp@](mailto:tnafp@bellsouth.net)

bellsouth.net. Or, you can access information on Tar Wars via the Tennessee AFP website at: www.tnafp.org.



2007 Tennessee AFP Outstanding Student In Family Medicine Awards

The Tennessee Academy each year presents an 'Outstanding Student in Family Medicine' award to one recipient at each of the four medical schools in Tennessee where there are qualified nominees. Each recipient is awarded a check in the amount of \$500.00 and an engraved plaque.

These medical students are nominated by their respective schools based on criteria developed by the TAFP Awards Committee. Students are evaluated on their demonstrated

abilities and leadership, participation in school and community activities, academic standing, participation in the TAFP and family medicine activities. Each recipient must be a TAFP member in good standing and must be enrolled in a Family Medicine Residency upon completion of medical school. (There were eligible graduating students at all four medical schools this year.)

The 2007 recipients were:

Jonathan Karnes, M.D. - Graduate of East Tennessee State University James H. Quillen College of Medicine, Johnson City (Dartmouth Family Medicine Residency, ME)

Jamie M. Navel, M.D. - Graduate of University of Tennessee College of Medicine, Memphis (Contra Costa Regional Medical Center Family Medicine Residency, CA)

Jonathan E. McGhee, M.D. - Graduate of Meharry Medical College, Nashville (University of Oklahoma Family Medicine Residency, OK)

Lynn Martin, M.D. - Graduate of Vanderbilt University School of Medicine, Nashville (St. Mary's Family Medicine Residency, CO)



*Top: Lynn Martin
Bottom: Jamie Navel
with her husband
David Navel, M.D.*

TAFP 'TUESDAY DOCTOR OF THE DAY' AT TENNESSEE LEGISLATURE

A very sincere 'thank you' to the following TAFP members who took the time out of their practice to serve as the TAFP 'Tuesday Doctor of the Day' at the Tennessee Legislature during the 2007 legislative session. Additional TAFP volunteers to serve as the Tuesday Doctor of the Day are always needed. *If you are interested in participating as a TAFP Doctor of the Day on a Tuesday in 2008, please contact Cathy Dyer at the TAFP office.* Your participation is most welcome!

Charles Ball, M.D., Columbia
Reid Blackwelder, M.D., Kingsport
Lee Carter, M.D., Huntingdon
Wes Dean, M.D., Powell
Doreen Feldhouse, M.D., Dyersburg

Walter Fletcher, M.D., Lexington
Beth Anne Fox, M.D., Kingsport
Timothy Linder, M.D., Selmer
Samantha McLerron, M.D., Livingston
Gregg Mitchell, M.D., Jackson

Parvathi Perumareddi, D.O., Cordova
D. Gabriel Polk, D.O., Waynesboro
B. Alan Wallstedt, M.D., Brentwood
Ty Webb, M.D., Sparta
Donald Zeigler, M.D., Hixson

Misty Allen, M.D.

UT Jackson Family Medicine Residents
Ryan Bartz, D.O.

Jason Goolsby, D.O.

LEGISLATIVE REPORT

The Tennessee Legislature in 2007 convened on January 9 and adjourned on June 12. The Tennessee Academy of Family Physicians' Board of Directors in October 2006 voted to not hire a contract lobbyist for the 2007 Legislative session. A service providing lists of all bills introduced into the Legislature was retained by the Tennessee AFP, with the Executive Director tracking bills of interest which were selected as a priority by the TAFP's Legislative Chair and Co-Chair.

As in past years, the Tennessee AFP was most interested and involved in bills related to tobacco and the use of tobacco products in Tennessee. Tennessee Governor Phil Bredesen is to be applauded for his introduction of bills on both a 'Tennessee Smoke Free Workplace' and a proposed 40-cent tobacco tax increase. Tennessee leaders took a historic step to protect the citizens of Tennessee by passing both a Smoke Free Air Law and a considerable tobacco tax increase in 2007.

The 'Tennessee Smoke Free Air Law of 2007' which passed prohibits smoking in almost all workplaces with the following exceptions: *Nursing homes; *Businesses with three or fewer employees; *Restaurant patios; *Businesses with garage door openings; *Bars and restaurants restricted to age 21 and over; *Private clubs (country clubs, etc.)

Additionally, the Legislature approved a 42-cent increase in the tobacco excise tax, raising the cost per

pack from 20-cents to 62-cents. The increase will raise an estimated \$230-million with most of the money going to education. \$10-million has been ear-marked for tobacco cessation, prevention and community and school-based education. \$1-million of this amount has been specifically ear-marked for youth smoking prevention programs and services.

The Tennessee Medical Association's (TMA) Medical Liability Reform (MLR) Bill was referred to the House Judiciary Committee where the Chair made it known that no comprehensive medical liability reform legislation would pass out of his committee. The State Senate unanimously passed an amended version of MLR which would have established a notification and pre-certification process. When the bill was heard by the House Judiciary Committee, the Chair chose to rewrite the bill, weakening its provisions and adding a twist that was not in the Senate version – a change in the longstanding locality rule which has been used to judge a defendant based upon the standard of care with the caveat and the burden that the defendant in a malpractice case could claim that the statewide standard did not apply. TMA was not in agreement with the House version and made the decision to fight its passage on the floor of the House. The House, on a 54-43 bipartisan vote, rejected the committee amendment. The bill was

then referred back to the House Judiciary Committee where it still lies.

A bill was introduced which would have exempted persons 21 years of age and older from the requirement that persons riding a motorcycle must wear a helmet, with the bill passing the Senate but not the House effectively killing the bill for this year. The Tennessee AFP was opposed to this bill.

The Tennessee AFP provides the Doctor of the Day each Tuesday, which gives the TAFP a high profile on Capitol Hill. All members are encouraged to consider serving as the TAFP Doctor of the Day, and to also mentor residents and medical students while serving as Doctor of the Day so they can see the legislative process in action. The TAFP is recognized by Tennessee Legislators for their tobacco control efforts and for the Tar Wars program in Tennessee. The TAFP Doctor of the Day shirts carry the Tar Wars logo.

Nationally, Tennessee continues to lead the nation again in 2007 in donations to the American AFP's FamMedPAC, the political action committee set up to represent Family Physicians nationally. Total 2007 contributions to the FamMedPAC from Tennessee as of June 26 totaled \$26,431. Tennessee AFP was the highest state chapter contributor in both 2005 and 2006.

Tim Linder, M.D., Selmer
TAFP Legislative Chair

Editorial

Mythic figures are few in our modern times. I'm revisiting Joseph Campbell's *The Power of the Myth*. The chapter on the "Return of the Hero" comes to mind when I reflect on those who lift us to a higher plane. There is less room in scientific, secular and modern societies for personalities to loom large and acquire the luster of hero. Yet, I have heroes who have blazed paths that I would dare to follow and whose lives have been the inspiration to continue on task when struggle threatens to overwhelm. They enter our lives at interesting moments and later resurface under the duress of circumstance. I'll share one with you now.

I relished any break in the clerkship schedule in my first year of medical school. The Family Medicine Lecture Series was a late afternoon offering in the spring of 1976 in Memphis. I had class notes duty for the lecture in question and not only had to attend but then transcribe the event for all who subscribed to our service. The visiting lecturer was a soft spoken general practitioner with a deep southern accent. He was in solo practice in a rural community and began talking about the factors that he felt influenced hypertension, and heart disease. We were freshly aware of cholesterol biochemistry but he went far beyond this into genetic, environmental, social, and dietary factors. He spoke with few notes but a quiet authority of innate confidence in his quest to observe all that could affect those patients and families he knew from his practice experience. I knew he was odd but then he outlined the "phantom meal study." He had convinced a cohort of patients who were in his genetic study of heart disease and abnormal cholesterol to cooperate in data collection. Their job was to collect a defined aliquot of a certain number of meals that they ate. If they ate scrambled eggs, then the exact amount of eggs went into a blender

along with the amount of bacon, juice, bread, and butter. The day's intake was then zapped into a uniform emulsion and sampled for analysis. The patient then provided a serum sample the next morning for lipid analysis and all of these went paired with labels into a bank of freezers for longitudinal study. Is it any wonder that William Castelli, MD became a co-author on many papers with this modest general practitioner? The National Institutes of Health became aware of this vast data treasure on a defined population and pulled him into the work of deciphering the riddle of cholesterol and vascular disease that we all take for granted in today's world of managing outcomes by lowering LDL, raising HDL, and modifying risk factors. All the while, he practiced family medicine in his home community.

I was in my fourth year as participating member of ASPN (Ambulatory Sentinel Practice Network) in 1989 when I began to see the light of how unique research was in a loose federation of medical practices. We met in an annual Convocation at the Cheyenne Mountain Inn in Colorado Springs to debate and present research ideas and for most of us (the clinicians) it was a steep learning curve from the academics with university backgrounds. We always held the trump card, however. We came from the real world of medical practice. That's when I met this quaint general practitioner again some 13 years later. I realized that we were in the presence of true genius. He had over one hundred papers under his belt and knew the Framingham gurus by first name. National Institutes of Health called him for opinions about research ideas in the field of lipids and hypertension. He firmly believed in the idea that primary care research had to come from the crucible of direct patient care in practicing physicians' offices. Then I woke up to the amazing



connections he had with North American Primary Care Research Group and the Society of Teachers of Family Medicine. He graced us with his presence and blessed us with clear insight to many issues that boiled up from the practices within ASPN. He became a hero in my eyes. He was a Renaissance man in a world of sub-specialists. He championed family doctors when we were seen only as "gate keepers." He traveled both circles of research and practice with the ease of understanding that he was master of both. He had entered the dark world of research trials, null hypotheses, statistical gymnastics, confounding variables, and the ever prickly validation that he was only a general practitioner. His grasp of patients and the family cohort was combined with the unique vision that only the general practitioner can observe this population through time and when diligent can deduce etiology from that darkness. His papers astound me to this day. Once you figure out who this person is from our collective general and family practitioner heritage you will find the listing of papers not only impressive but amazingly cogent for a rural family doctor with a deep southern accent. Who's your hero? Dare you to find out who mine is!

**Michael Hartsell, M.D., Greenville
Co-Editor**



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